



# WELCOME TO ILEPS

*Come and study near Paris !*



## CONTACT

International relation office:  
Anaïs BURGHART ROESSLE - [a.bughart@ileps.fr](mailto:a.bughart@ileps.fr)  
Elsa CARTON - [e.carton@ileps.fr](mailto:e.carton@ileps.fr)  
ILEPS - 13 boulevard de l'Hautil - 95092 Cergy - France



# INTERDISCIPLINARY SPORT SCIENCES & SPORT MANAGEMENT PROGRAM FOR ERASMUS+ STUDENTS

Whether you are studying sport sciences or sport management, we look forward to welcoming you to study our exclusive program at ILEPS and to enjoy all the social and cultural French life !



## MODULE 1 - PRACTICE & TRAINING (12 ECTS)

- **2 physical activities**  
(ultimate, volleyball, badminton, swimming, golf...) - 4 ECTS
- **Job shadowing in schools or clubs / work placement in sport organizations or clubs**  
The job shadowing placement module aims to provide experience of learning from and applying knowledge to a relevant working environment. The module provides you with the opportunity to develop key personal and transferable skills by applying your knowledge and skills to a specific context relevant to your areas of interest - 4 ECTS
- **Coaching**  
This module aims to provide you with the opportunity to develop your knowledge and skills in coaching and teaching groups and individuals. Principles of effective planning, organising, reflecting and conducting coaching sessions will be covered and introduced in lectures and further developed in practical sessions. In addition, you will be introduced to risk management issues and injuries that affect coaches and coaching sessions - 4 ECTS





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## MODULE 2 - MANAGEMENT & MARKETING (9 ECTS)

- **Global sport in development**

The module will critically examine sport as a tool for contributing to the achievement of international development objectives. Domestic and global government motives for involvement in sport in development will be considered and the aims and effectiveness of contemporary sports development schemes will also be evaluated in the context of organisational structures and policy - 3 ECTS

- **Sport Marketing & Digital Communication**

The module mixes technique and creativity around the promotion of a sport event or sport project involving website creation (with coding) and promotional video production - 3 ECTS

- **Real World Project**

The real world project aims to provide an authentic experience of small scale project and event management to address genuine problems faced by the sector. The module content focuses on developing a business plan on the project of your choice - 3 ECTS

## MODULE 3 - SPORT & CULTURE (12 ECTS)

- **French as a foreign language and French cultural studies,**

including visits of the Versailles Castle and the Impressionist Valley - 6 ECTS

- **Sport psychology**

On this course, you will gain in-depth knowledge of how psychology underpins sport and exercise, by exploring the mind, brain, behaviour and experience, and the complex interactions between these elements to achieve well-being - 3 ECTS

- **French Sport & culture**

The module covers various aspects of French sport, including visits of sports venues, key case studies (the Olympic Games, the Football World Cup and the social significance of these tournaments across the world), and sociological aspects of French sport - 3 ECTS



 *We are looking forward to welcoming you !  
For more information, please contact Anaïs  
([a.burghart@ileps.fr](mailto:a.burghart@ileps.fr)).*

