



**ileps** EDUCATION PROGRAM



**ileps** MANAGEMENT PROGRAM

## INTERDISCIPLINARY PROGRAM FOR INCOMING STUDENTS

| Core curriculum  | ECTS |
|--|------|
| French as a foreign language and French cultural studies                           | 4    |
| Specificities of sports organisation in France                                     | 2    |
| 2 physical activities (ultimate/volleyball/badminton/ swimming/golf...)            | 8    |
| IT professional tools applied to your career                                       | 2    |
| Job shadowing in schools or clubs / work placement in sport organisations or clubs | 6    |
|  | 22   |

| Optional modules<br>(4 modules to be selected from the list) | ECTS | Skills  |
|--|------|---|
| <b>Sports marketing</b>                                      | 2    | You will learn fundamental concepts, principles and techniques involved in the marketing of sport within a national and international context. Through case studies and assessments students will develop a marketing plan for sport organisation or event.   |
| <b>Health and biophysical approach</b>                       | 2    | From performance to deficiency (e.g asthma and obesity) This module will involve the application of biomechanical theory in sport and exercise to consider both performance and injury. The module will examine the tension between enhancing performance and preventing injury from a biomechanical perspective. |
| <b>Sports policy and professional sports</b>                 | 2    | Students considers a range of Government policy areas that impact on sport and recreation provision in France. In particular it considers how government policy shapes the direction and scope of policy in sport, education, health and physical activity, and its impacts on the sports industry.               |
| <b>Sport psychology</b>                                      | 2    | On this course, you will gain in-depth knowledge of how psychology underpins sport and exercise, by exploring the mind, brain, behaviour and experience, and the complex interactions between these elements to achieve well-being.   |
| <b>Sport tourism / leisure and recreation</b>                | 2    | This course will examine the private/commercial sector, public recreation and park agencies, professional sports, athletics, youth sport agencies, voluntary agencies, campus services, and corporate/industrial settings.  |
| <b>Sport Development and History</b>                         | 2    | Development of the Olympic Sport Movement and the history of sport and leisure in France providing a foundational understanding of the historical development of sport.   |
| <b>Physical Education and Sport Pedagogy</b>                 | 2    | This course is designed to support you in becoming a more reflective teacher or youth/ community/performance sports coach, using intensive, compressed teaching time, grounding the theoretical study of physical education and sport pedagogy in your practical workplace experience.                            |
|  | 14   |   |
| <b>TOTAL</b>   | 36   |   |